

# Press Release

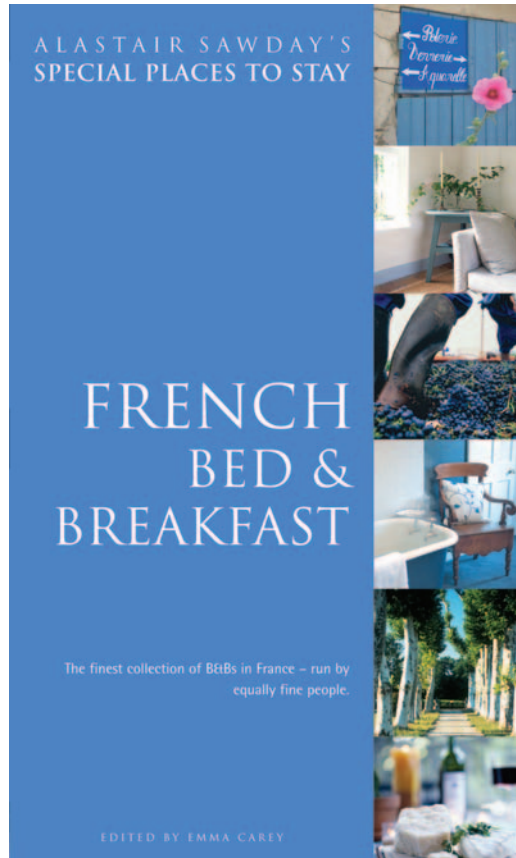
# ALASTAIR SAWDAY'S SPECIAL PLACES TO STAY FRENCH BED & BREAKFAST

## Things we can do for you:

- Help with news stories
- Suggest ideas for features and compile them
- Extracts
- Giveaways and special offers

## Coming soon:

- **India**  
edition 2 – 27th July
- **Green Places to Stay**  
edition 1 – 28th September
- **British B&B**  
edition 11 – 28th September
- **British Hotels, Inns & Other Places**  
edition 8 – 26th October
- **Croatia**  
edition 1 – 30th November



Our tenth edition...and we are happy to welcome yet more fabulous places into the fold. Several years after *French Bed and Breakfast* made its debut, the guide is more popular than ever. And it's not difficult to see why: embedded amongst some old favourites lie some previously hidden gems.

- An 11th-century castle waits to be explored in the heart of the Lorraine Natural Park. Breakfast before a medieval fireplace, then let your imagination run wild as you wander through the meandering stone corridors...leading to the castle's own dungeon
- In Charente try a glass of freshly squeezed grape juice followed by a walk through the property's vineyards...your hosts supply some of the most famous Cognac houses in the region
- Follow the road to the coast and come to rest at a turreted villa directly above the beach in Biarritz. Take in the entire gulf of Gasgogne in the sweep of an eye – from the comfort of your room
- On the river in the heart of Paris, an airy, wood-lined ship waits for you to board. Take in the city's highlights from the window of the book-filled living room as your hosts treat you to an insider's view of their city

## About Alastair Sawday Publishing

Our first guide, *French B&B*, was published in 1994 and celebrated homes owned and run by 'people' rather than corporations. The notion of 'special' is at the heart of what we do, and highly subjective. We take huge pleasure in finding people and places that do their own thing; places that are unusual and follow no trends; places of peace and beauty; people who are kind and interesting – and genuine. We now have 20 titles recommending around 5,000 special places.

Environmental policies are a priority at ASP and we are always looking at ways of improving our 'green' credentials.

## Facts and Figures

Six special green full-page entries for owners who are making a particular effort to be eco-friendly.

115 enticing new entries.

Over 250 places that offer a double room with breakfast for under €60.

Over 90 places that you don't need a car to get to, and over 200 places that have a restaurant or pub within walking distance.

For more information or review copies, due late October, call: Sarah Bolton on 01275 395433 or email: [sarah@sawdays.co.uk](mailto:sarah@sawdays.co.uk)

- Publication date: 2 November 2006
- 723 entries with colour photos
- Price: £15.99
- 10th edition
- ISBN: 1-901970-76-0
- Pages: 488
- Maps: 16

Visit our web site to see a full range of books and places to stay.

There is also a press area where journalists can request review copies or download pdfs of the latest press releases.

[www.specialplacestostay.com](http://www.specialplacestostay.com)

## Auvergne

### Le Chastel Montaigu

The solid reality of this magical tower is deeply moving. Michel's skill in renovation (well, reconstruction from near-ruin), Anita's decorating talent, their passionate dedication, have summoned a rich and sober mood that makes the 15th-century *chastel* throb with authenticity: only 'medieval' materials; magnificent deep-tinted fabrics, many designed by Anita; antique tapestries, panelling and furniture – nothing flashy, all simply true to the density of the place. Spectacular bedrooms, amazing bathrooms of antique-faced modern perfection and a generous breakfast – this is a treat.



rooms	3 doubles.
price	€87-€125 for two. Minimum stay 2 nights.
meals	Auberge & traditional restaurants 1-4km.
closed	December-February.
directions	From A75 exit 6 for St Nectaire; through Champeix to Montaigu le Blanc; follow signs up to château.

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Map 11 Entry 541

### Château de Pasredon

Whichever of the splendid rooms is yours – we loved the yellow *Louis Philippe* – you will feel grand: here a canopied bed, there an exquisite little dressing room, everywhere shimmering mirrors, fabulous views of acres of parkland, ancient trees, the Puy-de-Dôme. The vast, panelled, period-furnished drawing and dining rooms are quite dramatic. A perfect hostess, Madame makes you feel immediately at ease and helps you plan your day over a delicious breakfast. She will show you the 14th-century vaulted chapel, the walled garden and how to make lace (*dentelle du Puy*). Really very special.



rooms	5: 3 doubles, 1 twin, 1 suite.
price	€65-€90 for two.
meals	Excellent restaurants 2-8km.
closed	15 October-15 April.
directions	From Clermont Ferrand A75 exit 13 to Parentignat; D999 for St Germain l'Herme 6km; sign on right. (8km from A75 exit.)

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Map 11 Entry 542