

# Press Release

# ALASTAIR SAWDAY'S SPECIAL PLACES TO STAY

## BRITISH BED & BREAKFAST FOR GARDEN LOVERS

### Things we can do for you:

- Help with news stories
- Suggest ideas for features and compile them
- Extracts
- Giveaways and special offers

### Coming soon:

- Paris Hotels  
edition 6 – February 2007
- Ireland  
edition 6 – February 2007
- Spain  
edition 7 – April 2007
- Portugal  
edition 4 – April 2007



A garden to explore is part of the package at the Special Places in the latest edition of our guide – British Bed & Breakfast for Garden Lovers. There are vast estates and parklands, cottage gardens, chic town gardens and more. All the owners share a love of gardening and will be delighted to pass on tips and even the occasional cutting! They are fine hosts too and guests can expect the best breakfasts, the comfiest beds and the most relaxed of welcomes.

- Five and a half acres of sweeping lawns, two lakes, 'hot' and 'cool' borders, an 18th-century rose garden, and a four-poster for a dreamy night
- An Aga-cooked breakfast sourced almost entirely from an exquisite kitchen garden – compotes, jams, newly-laid eggs and the sweetest of English tomatoes
- A post-breakfast stroll through a snowy mass of ox-eye daisies studded with corn cockle, corn marigolds and other wild beauties
- A sweetly-scented, organically nurtured garden that lures bees, butterflies, dragonflies and flocks of garden lovers on the NGS open days

### About Alastair Sawday Publishing

Our first guide, French B&B, was published in 1994 and celebrated homes owned and run by 'people' rather than corporations. The notion of 'special' is at the heart of what we do, and highly subjective. We take huge pleasure from finding people and places that do their own thing; places that are unusual and follow no trends; places of peace and beauty; people who are kind and interesting – and genuine. We now have 20 titles recommending around 5,000 special places.

Environmental policies are a priority at ASP and we are always looking at ways of improving our 'green' credentials.

### Facts and Figures

Two page entries with two colour photos, a 200 word description of the garden and 100 words about the house.

Each entry has a map reference and a selection of useful symbols including 'pet friendly' and 'stay all day' to help you find your perfect B&B.

We have teamed up with Sustrans and pinpointed all the Special Places within two miles of the National Cycle Network.

The back of the book has excellent and informative sections including Good Gardens to Visit and a month by month guide on how to encourage birds into the garden.

For more information  
or review copies,  
due early January,  
call: Sarah Bolton on  
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or email:  
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- 149 entries with colour photos
- Price: £14.99
- 4th edition
- ISBN: 978-1-901970-78-4
- Pages: 384
- Maps: 12

Visit our web site to see a full range of books and places to stay.

There is also a press area where journalists can request review copies or download pdfs of the latest press releases.

[www.specialplacestostay.com](http://www.specialplacestostay.com)

# SAMPLE PAGE

## Tremayne House

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A fine late Regency country house with a sweeping cantilevered staircase, intricate door surrounds, flagstone floors, shuttered windows and beautiful proportions which hides in the Helford River woods close to Tremayne Quay and Frenchman's Creek. Juliet is an interior designer and her skills are evident: the double and twin rooms are furnished in lavish country house style mixing textured chenilles with silks and checks, florals and chintzes. The garden suite is more contemporary but no less plush. Top quality beds, fabulous flowers, lobster dinners and friendly, interesting hosts.

## Cornwall



rooms	3: 1 suite & kitchen: 1 double, 1 twin, each with separate bath/shower.
price	From £110. Singles from £80. Suite £120.
meals	Dinner £30.
closed	Christmas & New Year.
directions	A3083 from Helston. B3293 for St Keverne. After 1.5 miles turn left through Mawgan to St Martin. Just past school left for Mudgeon, on to x-roads. Left & after 200 yds, right. House at end of lane through large granite gate piers.

The Hardmans took on an unstructured garden and have slowly turned it around, although there is still much to do. The entrance, through granite piers, leads up a sweeping drive beneath large deciduous trees. Here a shaded border has been created with ferns, tree ferns and shade-tolerant perennials. A circular grass island is cut into a maze pattern and the formal parterre and box topiary balances the front elevation of the house creating a dramatic entrance. There are two acres in total with the garden on three sides, the front overlooking a truly rural landscape. The main themes are based on geometric forms of different types, the colour schemes range from whites through to silvers, blues and greys and, further out, mixed colours. The plants themselves may not be rare but they have been put together in an unusual way. The once kitchen garden is the latest project: to be called The Life Garden, it will consist of planting around a swimming pool, a pavilion and an outdoor eating area complete with fire. Through gates in the wall, granite steps lead to the long borders and individual rooms walled by beech hedges. The planting is informal herbaceous, mostly whites, blues and silvers, progressing in the autumn to bold purples, pinks and reds. This is a garden to watch: when the plans are complete the ensemble will be stunning.